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## Basic System Upkeep Tips

**Anti-Virus Programs** – A variety of anti-virus programs are available for personal use, some are free and some trial versions which require the user to purchase the program after the trial expires. If you have downloaded a trial version which has expired and do not wish to purchase the program, please uninstall the program through Add/Remove programs. Notable anti-virus software include Kaspersky (listed below), Zone alarm Anti Virus (included with firewall see [www.zonelabs.com](http://www.zonelabs.com)). Anti-Virus programs are normally configured to run once a day, and should be allowed to do so. It is recommend that you use more than one anti-virus program to get rid of viruses, however, only one should be installed and used at any given time.

**Malware Programs** – Included in this category is spyware, which tracks a users moves and sends the info to a user or company. Adware which is used to display advertisements on your screen and trojens/backdoors which are used to gain unauthorized access to your PC. Notable anti-malware programs include, Spybot S&D ([www.spybot.info](http://www.spybot.info)), Adaware Personal ([www.lavasoft.com](http://www.lavasoft.com)), and Webroot Spysweeper (see [www.webroot.com](http://www.webroot.com)) It is advised to run one or more of these programs once a week.

**Adware SE Ver. 1.6** - Adaware is a program that removes unwanted spyware, adware and other malicious computer code. This program is free, however it does not run automatically you must update the program and run it on a weekly basis. EKE recommends that the user familiarize themselves with this program and keep it up to date. A shortcut is located on the desktop. Download at: [www.lavasoft.com](http://www.lavasoft.com)

**AVG Anti-Virus** – This is the basic free anti-virus program. Although it will run in the background it is recommended that updates and full system scans be done regularly. This program can be set to run automatically at a certain time of day. AVG will let you know when there is updates available, but will not always download them. Therefore we recommend that updates be done manually by clicking on the AVG icon in the lower right corner of your windows desktop. Download at: [free.grisoft.com](http://free.grisoft.com)

**Kaspersky Anti-Virus** – This is a commercial anti-virus program. EKE installs the trial version of this software. It will continue to work for 30 days. After 30 days the software will not work, you must either uninstall by using the control panel's add/remove programs button or purchase the product. This program can be found in the lower right taskbar, as a red K icon. Download at: [www.kaspersky.com](http://www.kaspersky.com)

**Windows Updates** – It is very important that windows updates be done when they become available. The updates will increase the performance and security of your PC. Many versions of windows include automatic update features. Updates can be done from the Internet Explorer tools menu as well.

**File Sharing Software** – Due to the nature of file sharing software, in most cases EKE will remove the software before working on the computer. We will not warranty our service if the file sharing program is put back on the computer or if we are asked to leave it on.

**Start-Up** – When a PC is started there are a number of programs that will be started with the PC. To see a list of these programs click start -> run -> type "msconfig" and hit ok, move to the startup tab. Keep an eye on these as malware programs will often be found here. Allow only the programs you use frequently and anti virus software to start at system startup. All others will only slow your PC down. If you have any question about a program in this list call your tech support or EKE @ 344-6633.